

If you are enrolled in one of the following Arboriculture Canada courses:

- ✓ Modern Tree Climbing System
- ✓ Tree Climber Rescue and Emergency Preparedness

We request students to be able to comfortably tie, dress and set (TDS) the following two knots before attending one of the above courses. The class will begin with an evaluation of your ability to tie, dress and set these knots. Individuals who can demonstrate competence in a minimum of these two knots will be able to progress more quickly to climbing or ascending the tree during the course.

- **Valdotain Tresse / French Prussic (climbing hitch)**
- **Triple Fisherman's (termination knot)**

Additional climbing hitches and termination knots which would be good to familiarize yourself with are the following:

## **Climbing Hitches**

Distel Hitch

Schwabisch Hitch

Michoacán Hitch

Blake's Hitch

## **Termination Knots**

Anchor Knot

Buntline Knot

## **Additional**

Clove Hitch

Girth Hitch

Running Bowline with Yosemite finish: anchor or tie off climbing line

Slippery Sheet Bend: sending another rope up to climber

Fisherman's Loop: joining two ropes for climbing, creating an endless loop

Alpine Butterfly: midline attachment loop

## **RESOURCES FOR LEARNING**

The Climbing Arborist Knot Pictures and Videos: <https://www.climbingarborist.com/knot-tying/>

Book: Jeff Jepson – ‘Knots at Work’

Knots Tutorials:

[https://m.youtube.com/results?sp=mAEA&search\\_query=ontario+commercial+arbrost+assciation](https://m.youtube.com/results?sp=mAEA&search_query=ontario+commercial+arbrost+assciation)

Animated Knots by Grog

Website (free): <https://www.animatedknots.com/arborist-knots>

App (pay to use): <https://www.animatedknots.com/shop>